

EZEKIEL ACADEMY KNIGHTS

Pre-Participation Physical Evaluation Form

Name: _____ **Sport:** _____ **Date:** _____
Address: _____ **DOB:** _____ **Sex:** _____
 _____ **Age:** _____ **Grade:** _____
Home Phone: _____ **Cell Phone:** _____

History

#	Explain "Yes" answers on separate page and sign.	YES	NO
1	Has a doctor ever restricted / denied your participation in sports?		
2	Have you ever been hospitalized or spent a night in a hospital?		
3	Have you ever had surgery?		
4	Do you have any ongoing medical conditions (like Diabetes or Asthma)?		
5	Are you presently taking any medications or pills (prescription or over-the-counter)?		
6	Do you have any allergies (medicine, pollens, foods, bees or other stinging insects)?		
7	Have you ever been dizzy during or after exercise?		
8	Have you ever passed out during or after exercise?		
9	Have you ever had chest pain or discomfort in you chest during or after exercise?		
10	Do you tire more quickly than your friends during exercise?		
11	Have you ever had high blood pressure?		
12	Have you ever been told that you have a heart murmur, high cholesterol, or heart infection?		
13	Have you ever had racing of your heart or skipped heartbeats?		
14	Has anyone in your family died of heart problems or a sudden death before age 50?		
15	Does anyone in your family have a heart condition?		
16	Has a doctor ever ordered a test of your heart (EKG, echocardiogram)?		
17	Do you have any skin problems (itching, rashes, staph, MRSA, acne)?		
18	Have you ever had a head injury or concussion?		
19	Have you ever been knocked out or unconscious? Have you ever had a seizure?		
20	Have you ever had a stinger, burner, pinched nerve, or loss of feeling or weakness in your arms or legs?		
21	Have you ever had heat or muscle cramps?		
22	Have you ever been dizzy or passed out in the heat?		
23	Do you have trouble breathing or do you cough during or after activity?		
24	Do you take medications for asthma (for instance, inhalers)?		
25	Do you use any special equipment (pads, braces, neck rolls, mouth guard, eye guards, etc.)?		
26	Have you had any problems with your eyes or vision?		
27	Do you wear glasses or contacts or protective eye wear?		
28	Have you had any other medical problems (infectious mononucleosis, diabetes, infectious diseases, etc.)?		
29	Have you had a medical problem or injury since you last evaluation?		
30	Have you ever been told that you have sickle cell trait?		
31	Has anyone in your family had sickle cell disease or sickle cell trait?		
32	Have you ever sprained/strained, dislocated, fractured, broken or repeated swelling or other injuries of any bones or joints? had		
LIST:			
<input type="radio"/> Head <input type="radio"/> Shoulder <input type="radio"/> Forearm <input type="radio"/> Hand <input type="radio"/> Hip <input type="radio"/> Knee <input type="radio"/> Ankle <input type="radio"/> Neck <input type="radio"/> Chest <input type="radio"/> Wrist <input type="radio"/> Finger <input type="radio"/> Thigh <input type="radio"/> Shin <input type="radio"/> Foot			
33	When was your first menstrual period?		
34	When was your last menstrual period?		
35	What was the longest time between your periods last year?		

I hereby state that, to the best of my knowledge, my answers to the above questions are correct.

Signature of Athlete: _____

Date: _____

Signature of Parent: _____

Date: _____

(or Guardian)

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Pre-Participation Physical Evaluation

Physical Examination

Rule 1, 2014 - In order for a student to be eligible for interscholastic athletics, there must be on file in the Administrator's office a current physician's statement certifying that the student has passed a physical exam, and that in the opinion of the examining physician (M.D. or D.O.) the student is fully able to participate in interscholastic athletics. This Physician's Certificate must be used. **A physical exam will satisfy the requirement for one calendar year from the date of the exam.**

Name: _____

L I M I T E D		Height _____ Weight _____ BP ____ / ____ Pulse _____		
		Vision: R 20/____ L 20/____ Corrected: Y N		
		Normal	Abnormal Findings	
	Cardiovascular			
	Pulses			
	Heart			
	Lungs			
	Skin			
	E.N.T.			
	Genitalia (males)			
	Musculoskeletal			
	Neck			
	Shoulder			
	Elbow			
	Wrist			
	Hand			
	Back			
	Knee			
	Ankle			
	Foot			
	Other			

Clearance:

A. Cleared

B. Cleared after completing evaluation / rehabilitation for: _____

C. Not cleared for: Collision
 Contact
 Noncontact _____ Strenuous _____ Moderately strenuous _____ Non-strenuous

Due to: _____

Recommendation: _____

Name of Physician: _____

Date: _____

Address: _____

Phone: _____

Signature of Physician: _____, M.D. or D.O.